

Warwickshire County Caterers

Pupils Choice Menu

This menu has been recognised by the Soil Association's Food for Life organisation by the awarding of a Silver Catering Mark. A guarantee that our menus use a selection of local, seasonal and organic ingredients, are free from endangered fish and include meat and dairy products from farms with good standards of animal welfare.



Did you know?

If you have a child in Reception, Year 1 or Year 2 in September 2014 they will be entitled to a free school lunch, under the Government's Universal Infant Free School Meals programme. Please check with your child's school for further details.

For more information about where our food comes from please visit our website www.warwickshire.gov.uk/schoolmeals



Some menu items may change to meet customer preferences and to reflect seasonality, subject to availability.

Please remember to check with your child's school which promotions they will be running.



Working for Warwickshire





| | Week One Week beginning: 16/06/14, 14/07/14, 01/09/14, 29/09/14, 24/11/14, 19/01/15, 16/03/15, 13/04/15 | Week Two Week beginning: 23/06/14, 08/09/14, 06/10/14, 03/11/14, 01/12/14, 26/01/15, 23/02/15, 23/03/15, 20/04/15 | Week Three Week beginning: 30/06/14, 15/09/14, 13/10/14, 10/11/14, 08/12/14, 05/01/15, 02/02/15, 02/03/15, 27/04/15 | Week Four Week beginning: 07/07/14, 22/09/14, 20/10/14, 17/11/14, 15/12/14, 12/01/15, 09/02/15, 09/03/15, 04/05/15 |
|--------------------------------------|--|---|---|---|
| Monday | British Pork Sausages in Gravy (V) Quorn Cottage Pie (V) (H) Orange Flapjack (V) (H) Rice Pudding with Sticky Fudge Sauce | Organic Beef Grill in a Bun (V) (H) Frittata Omelette made with free range eggs (V) Strawberry Whip (V) (H) Yummy Carrot Cookie | Organic Beef Meatballs (V) (H) Cauliflower and Broccoli Bake (V) (H) Chocolate Crunch Biscuit (V) Ice Cream Tub | (V) Cheese and Tomato Pizza Chicken Tikka with Rice and Naan (V) Butterscotch Toffee Whip (V) (H) Chocolate Oatcake |
| Tuesday | (MSC) Cod Fillet Fish Finger Bap (V) (H) Cheddar Cheese and Potato Pie (V) Fruit Salad (V) Muller Yoghurt | Lamb Meatballs with Gravy (H) Jacket Potato with Tuna and Sweetcorn (V) (H) Chocolate Frosted Sponge (V) Frozen Yoghurt | British Pork Sausages (V) (H) Jacket Potato with Grated Cheddar Cheese (V) Frozen Yoghurt (V) American Style Pancake with Favourite topping | (MSC) Alaskan Salmon Bake Pasta with Peas and Gammon (V) (H) Jam Sponge with Custard (V) Muller Yoghurt |
| Wednesday Roast Dinner Day | Roasted British Chicken Fillet in Gravy (V) Sweet Chilli Quorn with Egg Noodles (V) (H) Strawberry and Apple Crumble with Custard (V) Chocolate Whip | British Roast Gammon (V) (H) Tomato Pasta Bake (V) (H) Pineapple Upside Down Pudding with Custard (V) Muller Yoghurt | British Roast Beef with Yorkshire Pudding (V) (H) Chef's Omelette made with free range eggs (V) (H) Fruit Crumble with Custard (V) Muller Yoghurt | Pork Loin Steak, Apple Sauce (V) (H) Cheesy Tomato Risotto (V) (H) Up Beet Chocolate Cake with Chocolate Sauce (V) Ice Cream Tub |
| Thursday | (H) Tomato Fusilli made with Organic Minced Beef Big Fishcakes Raspberry Ripple Mousse (V) (H) Frosted Carrot Cake | (H) Chicken Pie (MSC) Fish Crunchy (V) Ice Cream Tub (V) (H) Chocolate Mandarin Brownie | BBQ Chicken Fillet Bites in a Tortilla Wrap (V) (H) 'School lunch favourite' Macaroni Cheese (V) (H) Sticky Toffee Pudding with Custard (V) Cheese and Crackers | (H) Spaghetti Bolognese made with Organic Minced Beef (V) Crumbed Vegetable Fingers (V) (H) Rainbow Flapjack (V) Raspberry Ripple Mousse |
| Friday Fishy Friday | (MSC) Battered Fish Fillet (V) Vegetable Korma with Rice and Naan (V) (H) Chocolate Cracknell with Milk Sauce (V) Muller or Frozen Yoghurt | (MSC) Salt & Vinegar Tempura Fish Fillet (V) (H) Cheese and Tomato Pizza (V) (H) Raspberry Oat Slice with Custard (V) Fruit Jelly | (MSC) Cod Fillet Fish Fingers (V) (H) Vegetable Burrito (V) (H) Chocolate Jaffa Slice (V) Muller Yoghurt | (MSC) Breaded Pollock Fillet (V) Quorn Sausages with Gravy (V) (H) Strawberry Slice with Custard (V) Muller Yoghurt |

(V) denotes Vegetarian choice (H) denotes Homemade (MSC) denotes Marine Stewardship Council Sustainability Mark

A vegetarian choice is not available each day – if your child needs a meal other than those shown please contact your school cook in the first instance.

All meals are served with either, a potato dish, rice, pasta or noodles and a selection of seasonal vegetables and salads. Fresh fruit (V) is served each day as an alternative pudding. A choice of milk drink or new Aqua Juice fruit cordial is served everyday as an alternative to chilled water. A bread basket selection and chilled water are available throughout lunch.

Please note that the menu may be altered from time to time; parents are advised to check with the school cook if necessary.



SILVER

